



# FIRST AID KIT FACT SHEET

Providing prompt emergency or first aid to your greyhound is key to lessening the chance of further harm or injury to the greyhound before seeking diagnosis and treatment from a vet. You will need some essential first aid items at your disposal to do this.



Ideally you would have the essential items at your disposal in your home, kennels and in your greyhound transport. Whether you want a more comprehensive kit or just the basic items, they are readily available at vet clinics, chemists and supermarkets.

*St John has created a Pet First Aid Kit that is designed for pre and post vet care.*

## THE KIT INCLUDES:

- 1 Blue self-cohesive bandage - 5cm
- 1 Blue self-cohesive bandage - 7.5cm
- 1 Blue self-cohesive bandage - 10cm
- 2 Gauze swabs
- 6 Iodine antiseptic wipes
- 1 Wound dressing No.14
- 1 Wound dressing No.15
- 1 Combine dressing - 10 x 10cm
- 1 Combine dressing - 10 x 20cm

- 4 Saline tubes - 15ml
- 2 Non-adherent dressings - 5 x 5cm
- 2 Non-adherent dressings - 7.5 x 10cm
- 1 Hypo-allergenic tape
- 1 Disposable scissors
- 1 Tweezers
- 1 Thermal shock blanket
- 1 Disposable pouch
- 2 Nitrile gloves

*Please tick the boxes and ensure you have all the equipment and the correct number of each item.*



## MAKE YOUR OWN SALINE SOLUTION

To make your own saline solution, you will need:

- plain table salt
- sterile jar with lid
- measuring cup
- teaspoon
- pan with lid
- timer

*Once you have these items, follow these steps to make the saline solution:*

1. Wash your hands well with warm water and soap. Rinse with warm water and dry.
2. Wash the pan and lid with warm water and soap. Rinse well with water.
3. Measure 1 litre of water and pour it into the pan.
4. Add 2 level teaspoons of table salt to the water.
5. Cover the pan, bring the water to boil and boil for 15 minutes. Ensure the lid is on this whole time.
6. Remove the pan from the heat and allow to cool to room temperature. Keep the lid on during this period.
7. Pour the saline into the sterile jar and close tightly.



It is a good idea to label the jar with the date and time you made it, so you know when to discard the solution. Once opened, you should discard after 48 hours. If not opened, you should discard after one month.